



OTHER ORGANISATIONS THAT CAN HELP
(information up to date as of March 15, 2022)

Citizens Advice

They no longer give face to face advice. If you live in Hackney, Newham and Tower Hamlets, call 020 3855 4472 Monday to Friday 10am to 4pm.

Age UK

Support and advice available for older people online and via their helpline 0800 678 1602
<https://www.ageuk.org.uk/>

Hackney Quest

Support for young people and families via food packages and over-the-phone support.
(Please scroll down their front page to find contact and service details).
<http://www.hackneyquest.org.uk/>

Hackney Council Children and Family Services (for safety concerns)

Mon-Fri 9am-5pm: 020 8356 5500, 020 8356 3000. All other times: 020 8356 2710

Hackney Council Adult Services

Mon-Fri 9am-5pm: 020 8356 6262. Email: access@hackney.gov.uk

Hackney Chinese Community Services

Social welfare advice over-the-phone. <https://www.hackneychinese.org.uk/>

Derman

Health related support services for Kurdish and Turkish communities. <http://derman.org.uk/en/>

Latin American Women's Aid

Support Latin American and BME women from violence. Advice and helplines available.
<http://lawadv.org.uk/en/>

Choice in Hackney

Advocacy and Independent Living Services to disabled people. <http://www.choiceinhackney.org/>

Deafplus

Deaf advice services. <https://www.deafplus.org/>

Wellbeing & sanitary boxes

Boxes include sanitary pads, toiletries, dry food snacks. www.animayouth.co.uk
Email to request: info@animayouth.co.uk

OKRehab

Advice and support for anyone struggling with issues of addiction. <https://www.okrehab.org/>