

Local Free Food Providers

(Updated March 2021)

The Lighthouse Project – Hackney Church (lunchtime)

Hackney Church are providing pop up free hot meals and food parcels for those in need. Tuesdays 11.30-12.30 – Food Distribution at St Luke's Church, Homerton Terrace, E9 6RT. Phone 07399 844226 for more information and/or additional support.

Carib Eats

Delivering Caribbean/Jamaican food on Monday evenings for those in need. Call Kande on 07958 060947.

Humdingers Catering (Monday, Tuesday, Wednesday, Friday evenings)

Humdingers, located to the north of Hoxton Street, is offering free meals to anyone who would like one on Tuesday, Wednesday, Thursday, Friday evenings between 5 and 7pm.

Hoxton Foodbank (Monday & Saturday)

The foodbank provides emergency food parcels to those who cannot afford to buy food for whatever reason. You will need a voucher, which can be obtained from the Citizens Advice Bureau. They can be contacted by phone from Monday to Friday between 10am – 4pm by phoning 020 3855 4472 or by texting 'Help' to 07860 041410. Food can be collected from St Johns Church Crypt, Pitfield Street, on Monday between 11am -1pm. On Saturday, it can be collected from the Florence Bennet Centre between 10.30am -12.30pm.

The Little Things Takeaway (Wednesday 7 – 9pm)

The Little Things outreach service provide takeaway food and clothes next to Shoreditch Fire Station (235 Old St) on Wednesday to those in need.

Idia's Community Kitchen (Monday and Tuesday 6:00-7:30pm at St Monica's Church, Monday to Wednesday at St Chads, 11:00-2:30)

Hot meals are provided on Monday and Tuesday evening at St Monica's church, Hoxton Square, between 6:00-7:30pm, on Monday and Wednesday at St Chads church, Dunloe Street, between 11:00am-2:30pm. Vegetarian and vegan options are often available, as are food parcels, pastries, and baked goods. For more information, please contact Aina on 07759 137860.

North London Action for the Homeless

NLAH opens twice a week (Monday lunch: 12.00pm – 1.30pm, and Wednesday supper: 6.00pm – 7.30pm) and provides a three-course vegetarian meal consisting of soup, bread and butter, main course, dessert and tea or coffee. The meals are served at the tables by volunteers. Take-away food and clothing upon request.

Located at St Pauls West Hackney Church (corner Amhurst Road and Stoke Newington Rd).

Round Chapel, Lower Clapton

The Round Chapel host several projects providing food to those in need: Fridays 11:30 – 1:30pm: Kitchen Club – cooking, meals and play for families living in temporary / hostel accommodation; Sundays 2:30 – 4pm: Urban Table – a free meal is provided to anyone who would like one. They are currently operating a limited takeaway service.

Low-cost meals are also available throughout the week.

The Round Chapel is located on Glenarm Road, Lower Clapton.

Storehouse (Wednesday evenings 7-8pm)

Storehouse serve hot meals those in need of them on Wednesday evening between 7-8pm.

Hot traditional Caribbean meals are served at Sunlight Caribbean Restaurant, 259 Well Street, E96R. Soft drinks and groceries are also available to take away.

The Duke of Richmond – Free Meals on Tuesday (1-5pm)

The Duke of Richmond are providing a free hot and hearty vegetarian soup with a bagel for anyone who those in need on Tuesdays. No questions asked, just feel free to turn up.

316 Queensbridge Road, E8 3NH

Shamiyaana – free takeaway meals Friday to Tuesday afternoons

Shamiyaana will be serving take-away meals on Mondays, Tuesday, Fridays, Saturdays and Sundays each week, from 1pm to 6pm.

Address: 8 Cazenove Road, Stoke Newington, N16 6BD.